

**beacon**  
health options

# Autism Spectrum Disorder Services

---

CBHAC Presentation  
November 6, 2015

A close-up photograph of a Black woman with curly hair, resting her head on her hand and looking thoughtfully to the side. She is wearing a light-colored knit sweater and a colorful beaded necklace. The image is partially obscured by a large red graphic element on the right side of the slide.

# **Status Update on Autism Spectrum Disorder Services, CT**

# Where We Started

- The publication of the July 2014 CMS Bulletin requires States to cover behavioral treatment services for Medicaid beneficiaries with Autism Spectrum Disorder (ASD)
- The CT Behavioral Health Partnership (CTBHP), the partnership among:
  - Department of Social Services (DSS),
  - Department of Children and Families (DCF),
  - Department of Mental Health and Addictions Services (DMHAS)
  - ValueOptions (VO), is the Administrative Service Organization
  - Department of Developmental Services (DDS) worked closely with us to be prepared to authorize behavioral treatment services as of January 1, 2015.

“Using the prevalence rate and the 2011 United States Census estimates for the number of youth 18 years or younger, the estimated number of Connecticut youth with ASD is approximately 9,143 (based on US Census Bureau, 2011 count of 802,079 youth in CT <18 years old). ”

# Connecticut Plan for ASD Services

- Two main components of the Plan:
  1. Behavioral treatment services
    - such as Applied Behavior Analysis (ABA)
    - Available to children and youth with Medicaid under the age of 21
    - May not overlap with or take the place of services available through the school
  2. Peer Specialist and Care Coordinator services
    - Available to individuals of any age who have ASD and their families
    - May be utilized to help guide families through accessing Autism services
    - May be utilized to gain access to other community services such as therapeutic recreation, social skills groups, or other referrals

# ASD Services Team

- The Team consists of:
  - One Program Director
  - 3 Care Managers
  - 4 Peer Specialists
  - 4 Care Coordinators
  - One Customer Service staff member
- Phone system offers early option to be directed to a member of the team.
- Dedicated fax securely sends information and documents directly to the team.

# Who Is Eligible?

- For behavioral treatment services-
- An Autism Spectrum Disorder (ASD) Diagnosis
  - Pervasive Developmental Disorder, NOS
  - Asperger's Syndrome
  - Autism
- Members should be in the care of a Physician (PCP) /Pediatrician who supports the ASD diagnosis
- HUSKY A, C, and D members under the age of 21 with an ASD diagnosis are eligible for ASD evaluation, behavior assessment and treatment services
- HUSKY B members are not eligible at this time

# Who Is Eligible?

- For Peer Specialist or Care Coordinator services-
- Individuals of any age with an ASD diagnosis can access Peer and Care Coordinator services
  - May be utilized to help families access ASD services
  - May be utilized to access community services, social skills groups, or other referrals
  - May be utilized to assist in navigating the system

# What Is Covered?

- Behavioral Treatment Services:





# How We Communicated



**Autism Spectrum Disorder**  
CT BHP HUSKY/Medicaid Autism Spectrum Disorder Services  
TOPICS: Overview of Autism Services at CT BHP, Who is Eligible, How to Access Services

**SPRING COMMUNITY MEETINGS 2015**

**YOU'RE INVITED!**  
Who Should Attend: Members, Parents, Providers, Educators, and Interested Community Members

**PRESENTED BY**  
The Connecticut Behavioral Health Partnership (CT BHP)

**May 6, 2015: 9-11:30AM**  
North Central Community Collaborative  
St. Francis Care  
7 Elm Street - 3rd Floor  
Community Room/Suite 301  
Enfield, CT  
(860) 259-4327

**May 14, 2015: 9-10:30AM**  
Northwest Caring Connection  
Center for Youth and Families  
50 Unionfield Street  
Torrington, CT 06790  
(860) 489-3291

**May 18, 2015: 9-11am**  
Hartford/W. Hartford System of Care  
Village for Families & Children  
1680 Albany Avenue  
Hartford, CT  
(860) 236-4511

**May 26, 2015: 9-11am**  
QRTR Bridgeport System of Care  
Bridgeport Public Library  
925 Broad Street  
Bridgeport, CT  
(203) 340-8194

**June 10, 2015: 9-11am**  
Southeast Mental Health System of Care at United Way  
283 Shaddocks Wharf Road  
Gales Ferry, CT  
(860) 434-7281

**A LIGHT MEAL WILL BE SERVED**

**STAMP OUT STIGMA**

Please RSVP by  
Telephone or e-mail  
860.263.2172  
877.552.8247 X 302172  
ctbhp@valueoptions.com

**Connecticut BHP**  
Supporting Health and Recovery

5 Community Meetings

Parent Supports Groups

Special Education PTAs

DCF & DDS Regional Staff

Advisory & Oversight Committees

# What's Been Done So Far

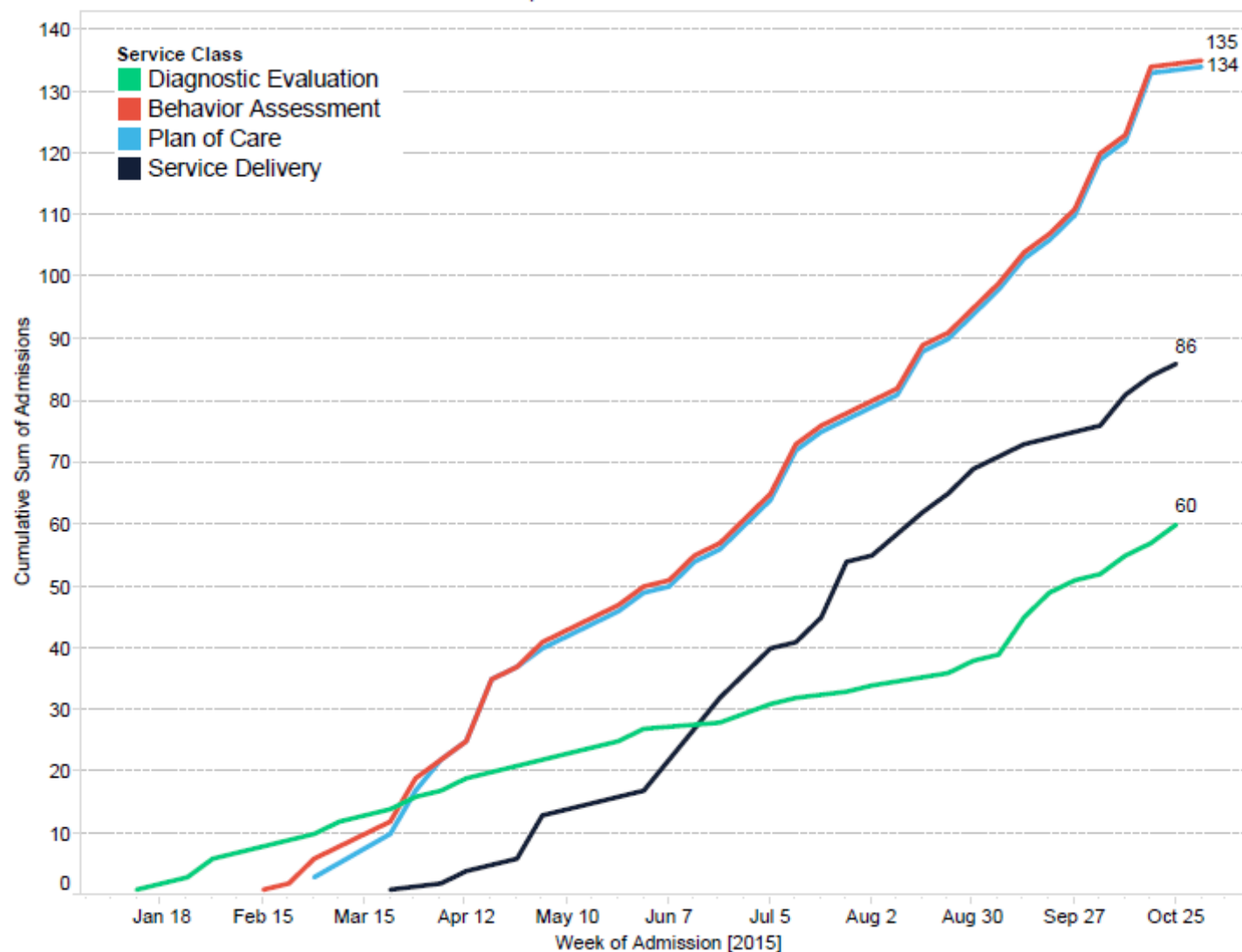
## Medicaid Youth (0-20) Autism Spectrum Disorder Services

YTD Weekly Admissions Report

Last full week reported: Week of 10/26/2015

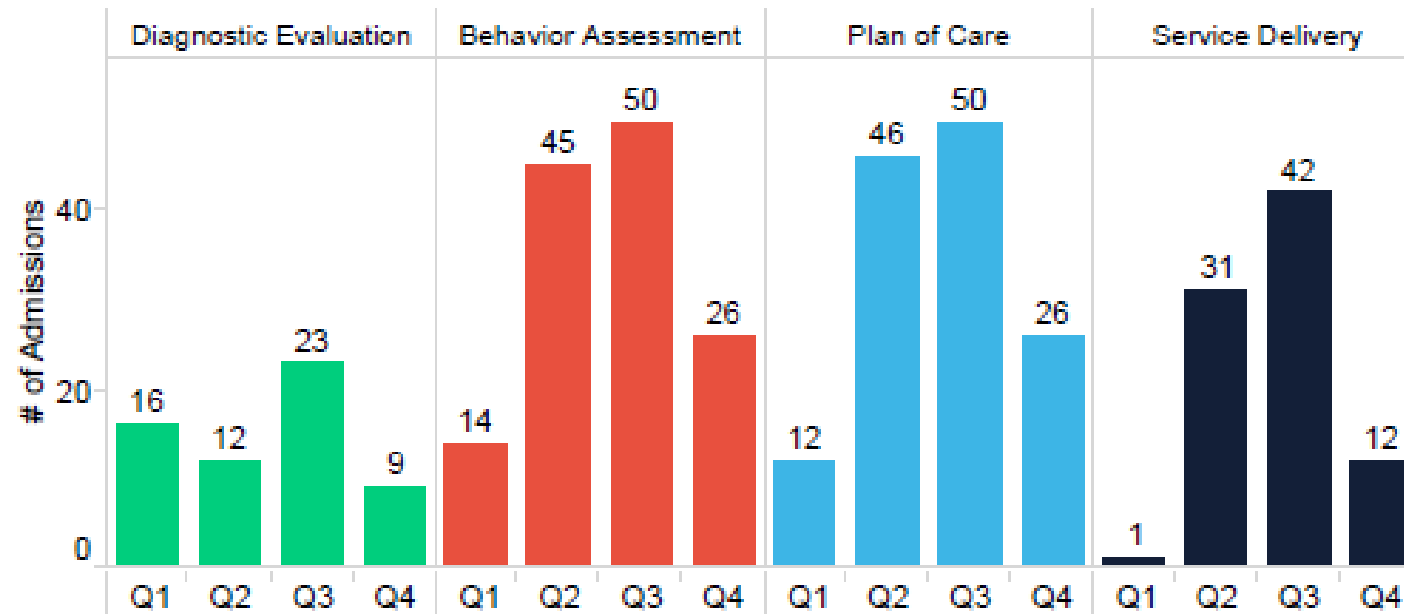
YTD Cumulative Weekly Autism Spectrum Disorder Services Admissions (1/13/2015 to 11/7/2015): Youth Ages 0-20

Last Updated: 11/2/2015 2:22:22 PM



# What's Been Done So Far

Quarterly Total Admissions to Autism Spectrum Disorder Services by Service Class: Youth Ages 0-20

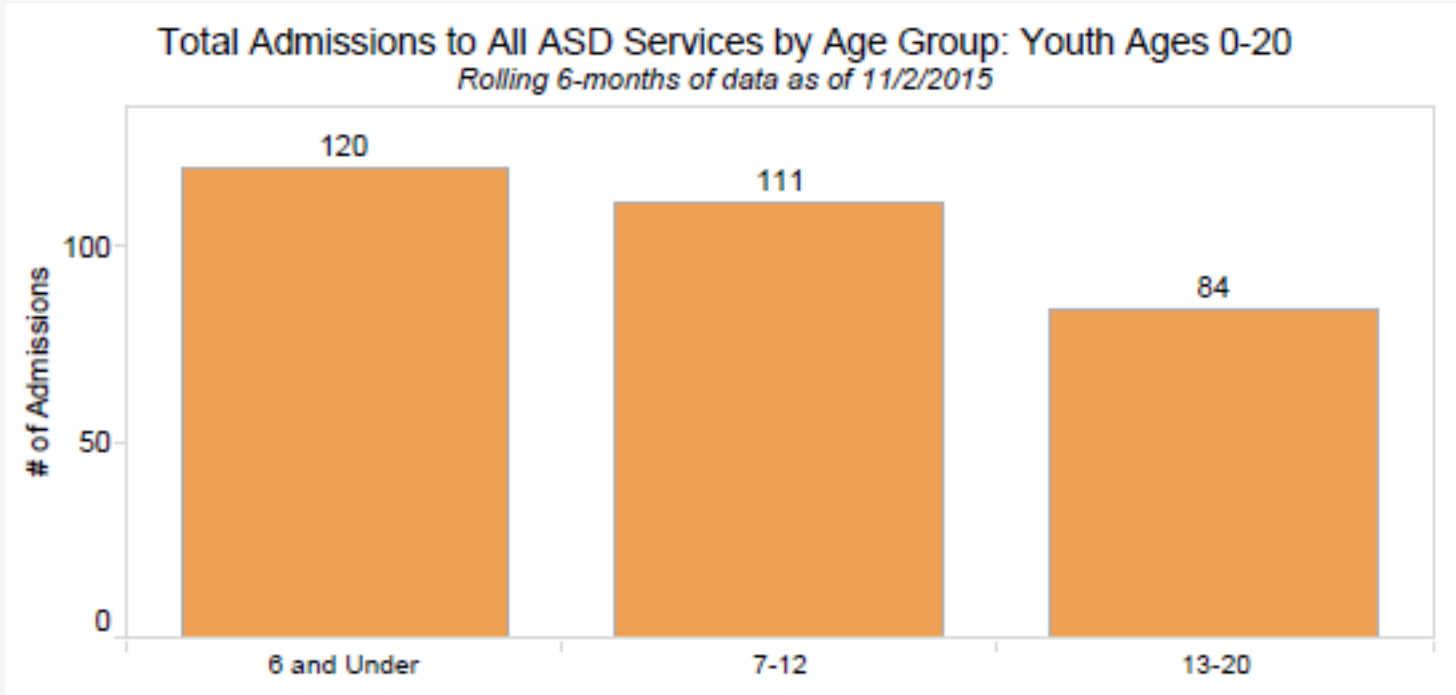


# What's Been Done So Far

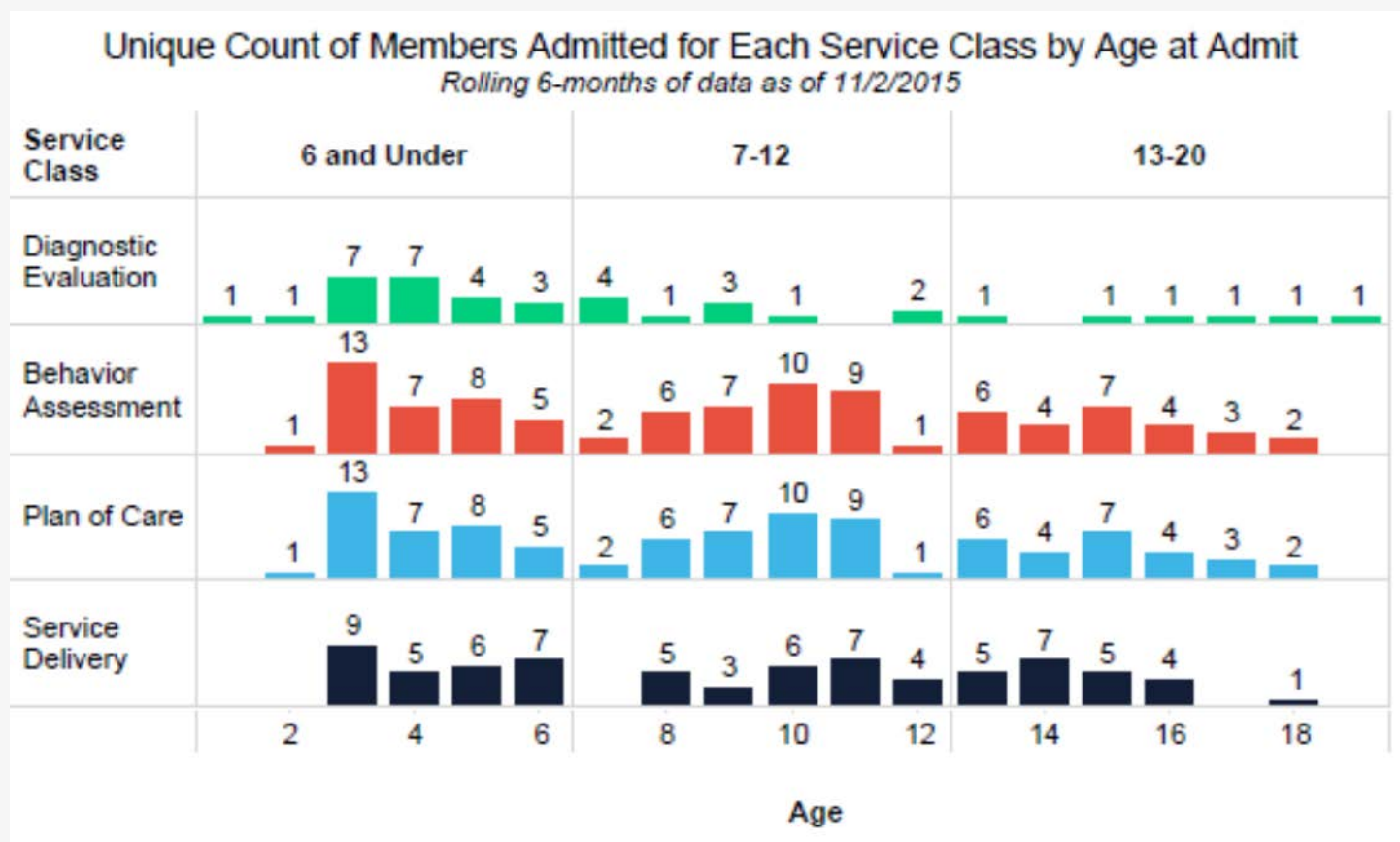
Weekly Admission Volume by Service Class  
Rolling 6-months of data as of 11/2/2015

Week of Admit Date	Diagnostic Evaluation	Behavior Assessment	Plan of Care	Service Delivery
May 3, 2015	2	4	3	7
May 10, 2015	1	2	2	1
May 17, 2015		2	2	
May 24, 2015	2	2	2	
May 31, 2015	2	3	3	3
June 7, 2015		1	1	5
June 14, 2015		4	4	5
June 21, 2015	1	2	2	5
June 28, 2015		4	4	
July 5, 2015	3	4	4	8
July 12, 2015	1	8	8	1
July 19, 2015		3	3	4
July 26, 2015	1	2	2	9
August 2, 2015	1	2	2	1
August 9, 2015		2	2	
August 16, 2015		7	7	7
August 23, 2015	2	2	2	3
August 30, 2015	2	4	4	4
September 6, 2015	1	4	4	2
September 13, 2015	6	5	5	2
September 20, 2015	4	3	3	1
September 27, 2015	2	4	4	
October 4, 2015	1	9	9	2
October 11, 2015	3	3	3	5
October 18, 2015	2	11	11	3
October 25, 2015	3			2
November 1, 2015		1	1	

# What's Been Done So Far



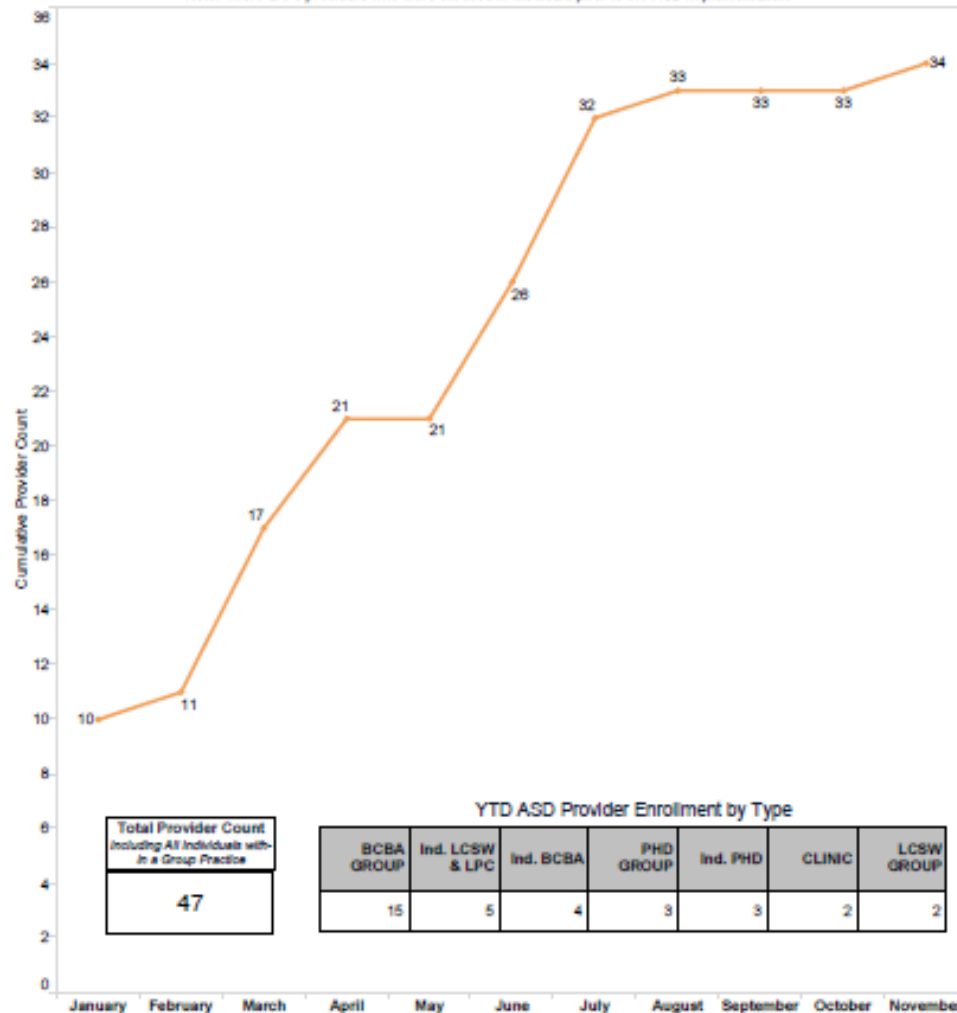
# What's Been Done So Far



# What's Been Done So Far

## Year to Date Provider Enrollment for Autism Spectrum Disorder Services

Monthly YTD Cumulative ASD Provider Enrollment (Last Updated: 11/4/2015 4:38:26 PM)  
 Note: There are 5 providers who were enrolled in Medicaid prior to the ASD implementation.

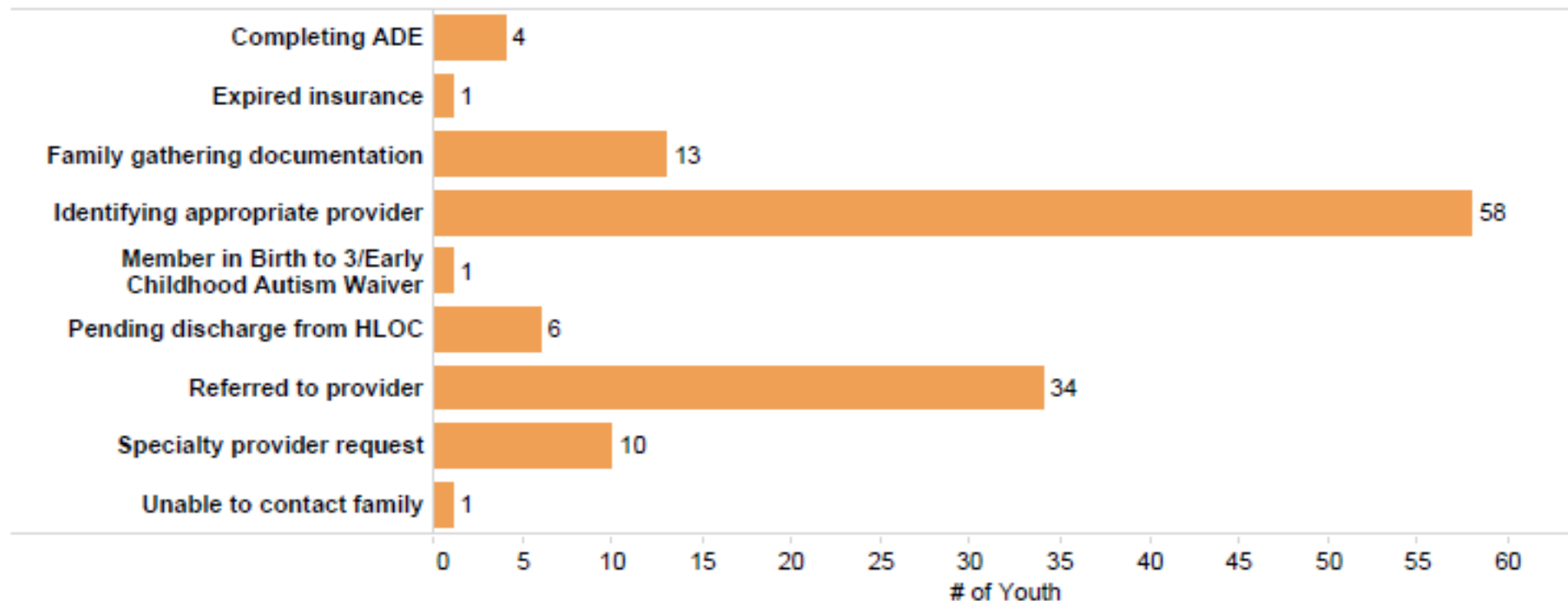


# What's Been Done So Far

## ASD Peer/Care Coordination Activities

### Peer/Care Coordination Activities

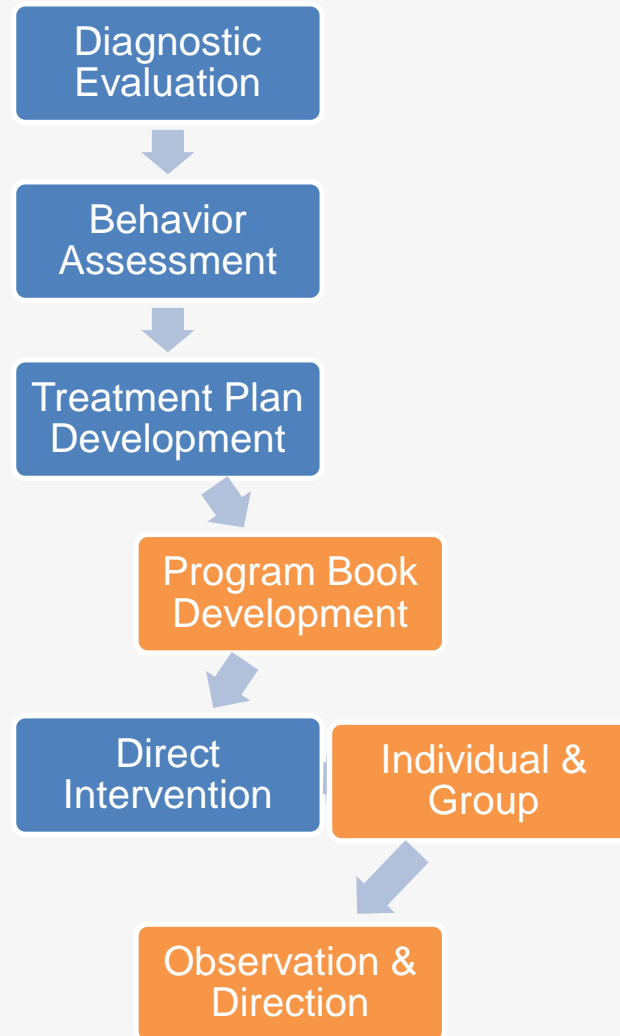
Last Updated: 10/19/15





# What's New?

- Behavioral Treatment Services:



# Provider Network

- ValueOptions has also been working hard to develop a provider network list.
- As this is a new service that Medicaid is offering the overall provider system will continue to grow:
  - Providers are joining the Medicaid network.
  - Providers are determining the services they will be offering from the diagnostic assessment to direct intervention.
  - ValueOptions is identifying and outreaching to providers to develop the network and facilitate referrals.

# Peer Specialist and Care Coordinator Roles

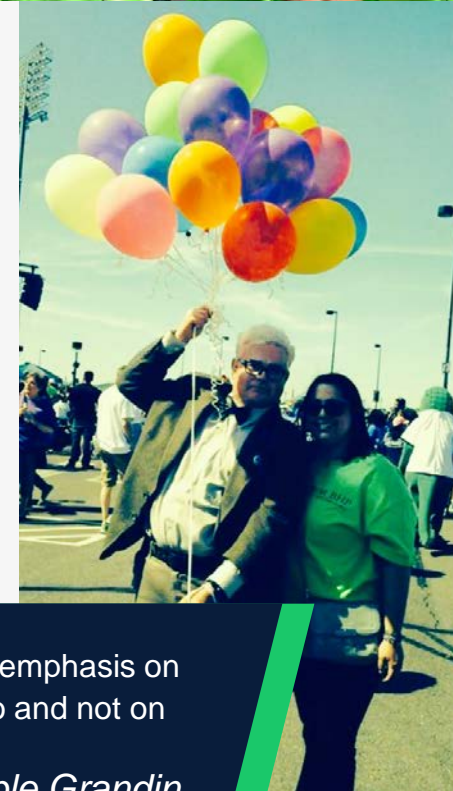
- Contact with families within 24 hours of referral.
- Will include home or community visits within 72 hours of initial contact.
- Will involve connecting youth, families and adults with resources in the communities.
- Will involve interacting with agencies to develop and maintain relationships with those who provide community services.
  - Attend regional Community Collaboratives, DCF and DDS Meetings.
- Will involve maintaining our resource list and developing familiarity with services to find appropriate services for our members.

# Peers Specialist and Care Coordinator Roles

- Helping families connect with:
  - Housing and food assistance
  - Assistance with utility bills
  - Parent Support
  - Educational Advocates
  - Applying for DDS or DCF Voluntary Services
  - Pet therapy
  - OT, Speech and PT services
  - Social skills groups and play groups
  - Dental care
  - Tickets to events
  - Help with scheduling appointments
  - Connection with Transition Services

# What Else We've Done

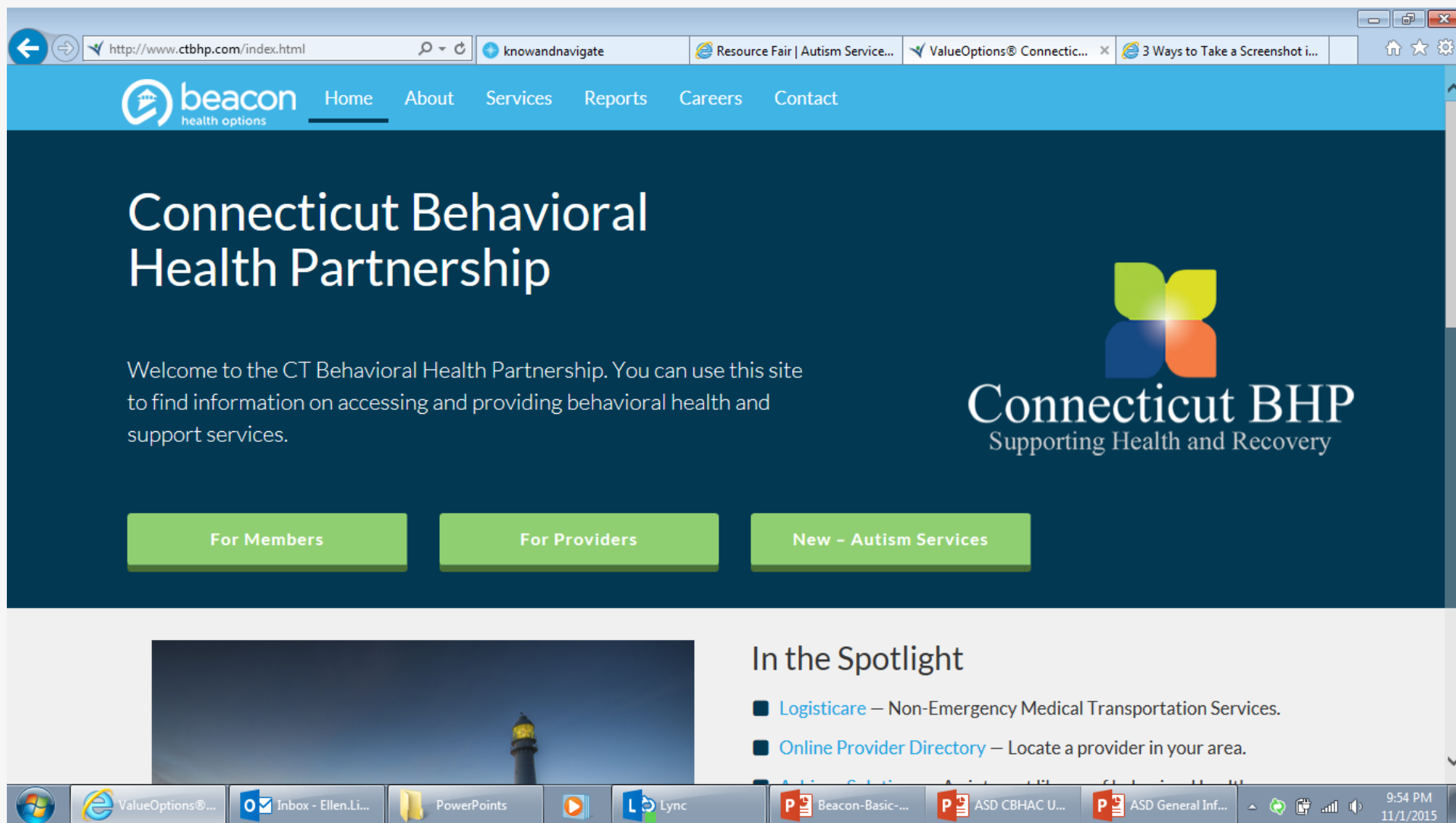
- Autism Speaks Walks
- SEPTA Events
- School Resource Fairs
- Stand Down Event
- Connecticut Autism Action Coalition (CAAC)
- Autism Services & Resources Connecticut (ASRC)
  - Resource Fair – Nov. 7, Oakdale Theatre 9am – 3pm



“There needs to be a lot more emphasis on what a child with autism can do and not on what he can't do”

*-Temple Grandin*

# CTBHP Website



The screenshot shows a web browser window displaying the CTBHP website. The browser's address bar shows the URL <http://www.ctbhp.com/index.html>. The website has a blue header with the 'beacon health options' logo and navigation links: Home, About, Services, Reports, Careers, and Contact. The main content area has a dark blue background with the title 'Connecticut Behavioral Health Partnership' and a welcome message: 'Welcome to the CT Behavioral Health Partnership. You can use this site to find information on accessing and providing behavioral health and support services.' To the right is the 'Connecticut BHP' logo with the tagline 'Supporting Health and Recovery'. Below the welcome message are three green buttons: 'For Members', 'For Providers', and 'New - Autism Services'. A section titled 'In the Spotlight' features a video player and two bullet points: 'Logisticare – Non-Emergency Medical Transportation Services.' and 'Online Provider Directory – Locate a provider in your area.' The Windows taskbar at the bottom shows various open applications including ValueOptions, Outlook, PowerPoint, Lync, and several PDF files. The system clock indicates 9:54 PM on 11/1/2015.

beacon health options

Home About Services Reports Careers Contact

## Connecticut Behavioral Health Partnership

Welcome to the CT Behavioral Health Partnership. You can use this site to find information on accessing and providing behavioral health and support services.

Connecticut BHP  
Supporting Health and Recovery

For Members For Providers New - Autism Services

### In the Spotlight

- Logisticare – Non-Emergency Medical Transportation Services.
- Online Provider Directory – Locate a provider in your area.



# CTBHP Website

The screenshot displays a web browser window with the URL <http://www.ctbhp.com/asd.html>. The browser's address bar shows several tabs: "knowandnavigate", "Resource Fair | Autism Service...", "3 Ways to Take a Screenshot i...", and "Connecticut BHP - Autism ...". The website's header features the "beacon health options" logo and a navigation menu with links for Home, About, Services, Reports, Careers, and Contact. The main content area has a dark blue background with the title "Autism Spectrum Disorder (ASD)" in white. Below the title, a paragraph states: "Effective January 1, 2015, the Department of Social Services expanded its coverage of Autism Spectrum Disorder (ASD) evaluation and treatment services for Medicaid enrolled members (HUSKY A, C, or D) under the age of 21 for whom ASD services are medically necessary." Under the heading "Information", there is a link for "ASD Forum Presentation". To the right of the text is a photograph of the word "AUTISM" in large, wooden block letters, with a reflection visible below them. The Windows taskbar at the bottom shows various open applications, including "Connecticut B...", "Inbox - Ellen.Li...", "PowerPoints", "Lync", "Beacon-Basic-...", "ASD CBHAC U...", and "ASD General Inf...". The system clock in the bottom right corner indicates the time is 9:56 PM on 11/1/2015.

http://www.ctbhp.com/asd.html

knowandnavigate Resource Fair | Autism Service... 3 Ways to Take a Screenshot i... Connecticut BHP - Autism ...

beacon health options Home About Services Reports Careers Contact

## Autism Spectrum Disorder (ASD)

Effective January 1, 2015, the Department of Social Services expanded its coverage of Autism Spectrum Disorder (ASD) evaluation and treatment services for Medicaid enrolled members (HUSKY A, C, or D) under the age of 21 for whom ASD services are medically necessary.

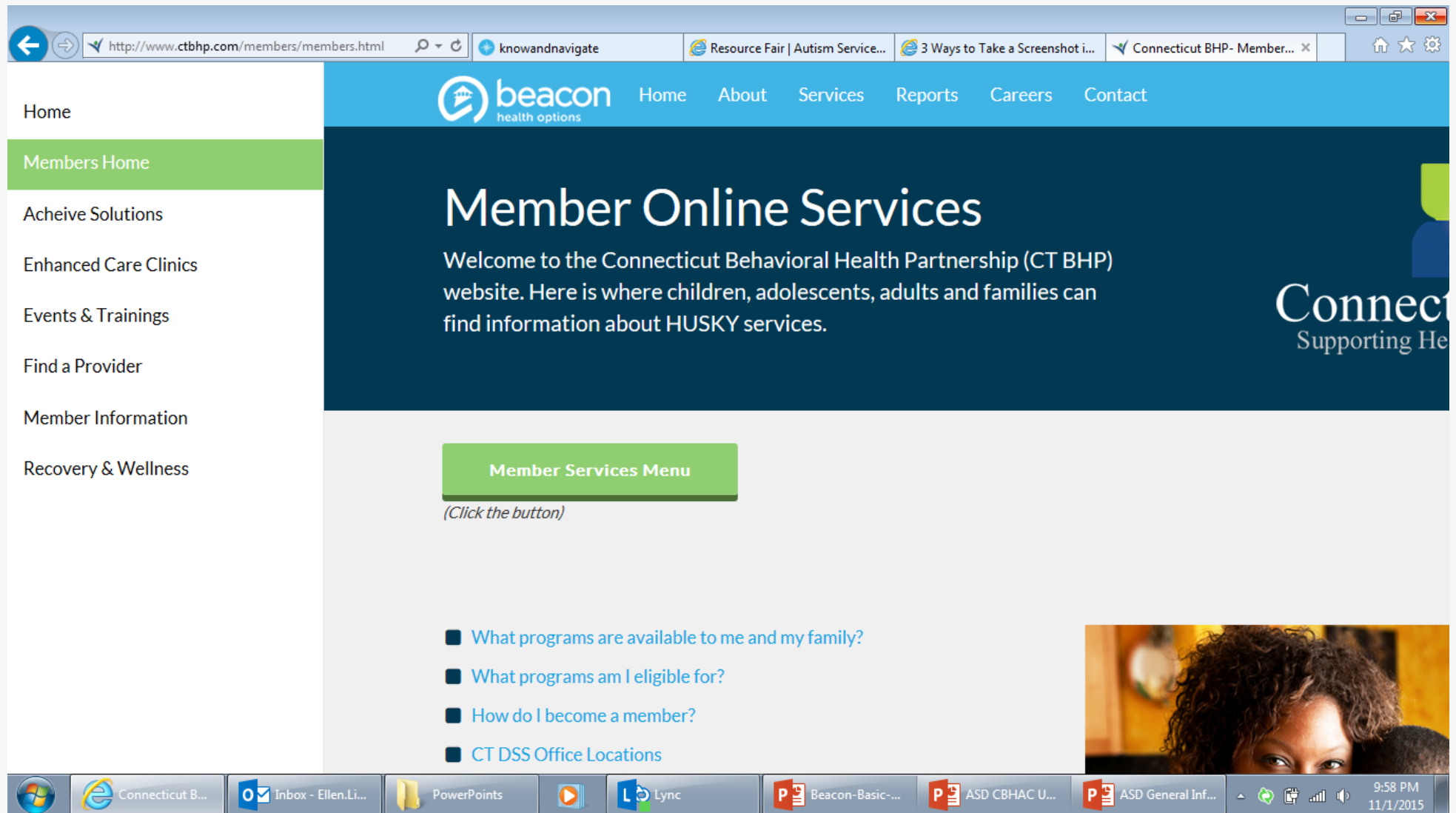
### Information

- ASD Forum Presentation

AUTISM

Windows taskbar: Connecticut B..., Inbox - Ellen.Li..., PowerPoints, Lync, Beacon-Basic-..., ASD CBHAC U..., ASD General Inf..., 9:56 PM 11/1/2015

# CTBHP Website



The screenshot displays the CTBHP website's 'Members Home' page. The browser's address bar shows the URL 'http://www.ctbhp.com/members/members.html'. The website's navigation bar includes links for Home, About, Services, Reports, Careers, and Contact. A left-hand sidebar lists various services: Home, Members Home (highlighted), Acheive Solutions, Enhanced Care Clinics, Events & Trainings, Find a Provider, Member Information, and Recovery & Wellness. The main content area features the 'beacon health options' logo and a large heading 'Member Online Services'. Below this, a welcome message states: 'Welcome to the Connecticut Behavioral Health Partnership (CT BHP) website. Here is where children, adolescents, adults and families can find information about HUSKY services.' A green button labeled 'Member Services Menu' is prominently displayed, with a note '(Click the button)' underneath. To the right of the button is a partial view of the 'Connecticut Supporting Health' logo. Below the button, a list of four questions is provided, each preceded by a dark blue square icon: 'What programs are available to me and my family?', 'What programs am I eligible for?', 'How do I become a member?', and 'CT DSS Office Locations'. The bottom of the screenshot shows a Windows taskbar with several open applications, including 'Connecticut B...', 'Inbox - Ellen.Li...', 'PowerPoints', 'Lync', 'Beacon-Basic...', 'ASD CBHAC U...', and 'ASD General Inf...'. The system clock in the bottom right corner indicates the time is 9:58 PM on 11/1/2015.

Home

Members Home

Acheive Solutions

Enhanced Care Clinics

Events & Trainings

Find a Provider

Member Information

Recovery & Wellness

beacon health options

Home About Services Reports Careers Contact

## Member Online Services

Welcome to the Connecticut Behavioral Health Partnership (CT BHP) website. Here is where children, adolescents, adults and families can find information about HUSKY services.

Connecticut Supporting Health

**Member Services Menu**

*(Click the button)*

- What programs are available to me and my family?
- What programs am I eligible for?
- How do I become a member?
- CT DSS Office Locations

Windows taskbar: Connecticut B..., Inbox - Ellen.Li..., PowerPoints, Lync, Beacon-Basic..., ASD CBHAC U..., ASD General Inf..., 9:58 PM 11/1/2015



# How to Access Services

- **CT Behavioral Health Partnership:**

- Phone: 1-877-552-8247 Fax: 1-855-901-2493

- **Websites:**

- CT Behavioral Health Partnership: [www.ctbhp.com](http://www.ctbhp.com)
  - Department of Developmental Services: <http://www.ct.gov/dds>
  - Department of Social Services: <http://www.ct.gov/dss>
  - Department of Children & Families: <http://www.ct.gov/dcf>

# Thank you